

| Svenskt namn | Latinskt namn | Nektarvärde | Pollenvärde | Blomningstid | Pollentyp |
|-----------------|--------------------------------|-------------|-------------|--------------|-------------|
| Åkleja | <i>Aquilegia vulgaris</i> | 1 | 1 | 6-7 | |
| Ål | <i>Alnus glutinosa</i> | 0 | 1 | 3-4 | Gröngul |
| Ålm | <i>Ulmus glabra</i> | 1 | 1 | 4-5 | |
| Ålsikeklöver | <i>Trifolium hybridum</i> | 3 | 3 | 6-8 | Brungröngul |
| Äpel | <i>Pyrus malus</i> | 3 | 3 | 5-6 | |
| Äsk | <i>Fraxinus excelsior</i> | 0 | 1 | 5 | |
| Äsp | <i>Populus tremula</i> | 0 | 1 | 4-5 | |
| Äster | <i>Aster spp.</i> | 0 | 2 | 6-9 | Gul |
| Ättasblomma | <i>Godetia Spp.</i> | 1 | 1 | 7-8 | |
| Äubretia | <i>Aubretia cultorum</i> | 3 | 3 | 4-5 | Grönbrun |
| Äxveronika | <i>Veronica spicata</i> | 1 | 1 | 7-9 | |
| Ääcklök | <i>Allium oleraceum</i> | 3 | 1 | 7 | Ljusbrun |
| Äacksippa | <i>Anemone pulsatilla</i> | 1 | 2 | 4-5 | |
| Äacktimjan | <i>Thymus serpyllum</i> | 3 | 1 | 7-8 | Orange |
| Äened | <i>Euonymus europaeus</i> | 1 | 1 | 5 | Gröngul |
| Äerberis | <i>Berberis</i> | 2 | 2 | 6 | Gröngul |
| Äergklint | <i>Centaurea montana</i> | 2 | 2 | 6 | Gröngul |
| Äendvide | <i>Salix aurita</i> | 1 | 1 | 5-6 | |
| Äjörk | <i>Betula alba</i> | 0 | 1 | 5 | Gul |
| Äjörnbär | <i>Rubus fruticosus</i> | 3 | 3 | 7 | Gråbrun |
| Äjörnloka | <i>Heracleum sphondylium</i> | 2 | 2 | 6-8 | Gröngul |
| Älodnäva | <i>Geranium sanguineum</i> | 2 | 1 | 6-7 | Grå |
| Älåbär | <i>Vaccinium myrtillus</i> | 2 | 2 | 5 | |
| Älåeld | <i>Echium vulgare</i> | 3 | 2 | 6-8 | Gråblå |
| Älågull | <i>Polemonium coeruleum</i> | 3 | 2 | 6-8 | |
| Älåklint | <i>Centaurea cyanus</i> | 2 | 2 | 6 | Gröngul |
| Älålocka | <i>Campanula rotundifolia</i> | 2 | 2 | 7-9 | Brun |
| Älåusern | <i>Medicago sativa</i> | 2 | 1 | 7-9 | |
| Älåmunkar | <i>Jasione mintana</i> | 2 | 2 | 6-8 | |
| Älåregn | <i>Wisteria sinensis</i> | 1 | 1 | 5 | |
| Älåsippa | <i>Anemone hepatica</i> | 0 | 2 | 4-5 | |
| Älåstjärna | <i>Scilla amoena</i> | 1 | 2 | 4-5 | Blå |
| Älåsuga | <i>Ajuga pyramidalis</i> | 3 | 2 | 5-6 | Violett |
| Äocktörne | <i>Lycium barbarum</i> | 1 | 1 | 5 | |
| Äohuslind | <i>Tilia platyphyllos</i> | 2 | 0 | 6 | |
| Äok | <i>Fagus sylvatica</i> | 1 | 1 | 5 | |
| Äolltistel | <i>Echinops sphaerocep</i> | 2 | 1 | 7-8 | |
| Äondböna | <i>Vicia faba</i> | 1 | 1 | 7 | |
| Äorsttistel | <i>Cirsium heterophyllum</i> | 3 | 2 | 6-9 | Ljusgul |
| Äovete | <i>Fagopyrum esculentum</i> | 3 | 1 | 7-8 | Gul |
| Ärakved | <i>Rhamnus frangula</i> | 2 | 1 | 6-8 | Ljusbrun |
| Äredkaveldun | <i>Typha latifolia</i> | 0 | 2 | 7-8 | |
| Äuxbom | <i>Buxus sempervirens</i> | 1 | 2 | 4-5 | Brandgul |
| Äikorja | <i>Cichorium intybus</i> | 1 | 1 | 6-8 | |
| Äitronmeliss | <i>Melissa officinalis</i> | 2 | 1 | 7-9 | |
| Älarkia | <i>Clarkia elegans</i> | 2 | 1 | 7-8 | |
| Äahlia | <i>Dahlia sp</i> | 1 | 2 | 8-9 | |
| Ärakblomma | <i>Dracocephalum ruschiana</i> | 1 | 1 | 6-7 | |
| Äruvfläder | <i>Sambucus racemosa</i> | 0 | 2 | 6-7 | Gul |
| Äunört | | 3 | 3 | | |
| Ävärgbjörk | <i>Betula nana</i> | 0 | 1 | 5 | Gul |
| Äädra | <i>Alyssum spp.</i> | 2 | 0 | 6-7 | |
| Ääk | <i>Quercus robur</i> | 1 | 2 | 5 | |
| Ääldtorn | <i>Pyracantha coccinea</i> | 1 | 1 | 6 | Brandgul |
| Ään | <i>Juniperus communis</i> | 0 | 1 | 5-6 | |
| Ääsparsitt | <i>Onobrychis vicifolia</i> | 3 | 3 | 5-6 | |
| Ääuropeisk Lärk | <i>Larix deciduas</i> | 1 | 2 | 5 | |
| Äävodia | <i>Evodia spp.</i> | 3 | 2 | 8 | |
| Ääckelblomster | <i>Lythrum salicaria</i> | 3 | 2 | 8 | Gröngulbrun |
| Ääetknopp | <i>Sedum spp.</i> | 3 | 2 | 6-7 | Gul |
| Ääällskräp | <i>Petasites frigidus</i> | 3 | 2 | 6 | |
| Ääälltrav | <i>Arabis alpina</i> | 3 | 1 | 5-7 | |

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|------------------------|-------------------------|---|---|------|----------|
| -lenort | Scrophularia nodosa | 2 | 2 | 6-8 | |
| -läder | Sambucus spp. | 0 | 2 | 6-7 | Gul |
| -läkig lungört | | 1 | 1 | | |
| -lodervicker | Vicia sativa | 1 | 1 | 6-8 | |
| -luchsia | Fuchsia spp. | 2 | 2 | 7-10 | |
| -lyrkantig johannesört | Hypericum maculatum | 1 | 1 | 7-9 | Brandgul |
| -ågelbär | Prunus avium | 3 | 3 | 5-6 | Brandgul |
| -årtunga | Anchusa arvensis | 1 | 1 | 5-7 | |
| -ältvädd | Scabiosa columbaria | 2 | 1 | 7-8 | |
| -örgätmigej | × Myosotis sp | 1 | 0 | 6-8 | |
| Getapel | Rhamnus catharticus | 2 | 1 | 5-6 | |
| Getruta | Galega orientalis | 3 | 3 | 6-7 | |
| Getväppling | Anthyllis vulnearia | 1 | 1 | 6-8 | |
| Gran | Picea abies | 0 | 1 | 5-6 | Gröngul |
| Groblad | Plantago major | 0 | 2 | 6-9 | |
| Grävide | Salix cinerea | 2 | 2 | 4-5 | |
| Gräs | × Gramineae sp | 0 | 3 | 5-8 | |
| Gräslök | Allium scoenoprasum | 3 | 1 | 6 | |
| Grönkål | | 3 | 3 | | |
| Gudaträd | | 1 | 1 | | |
| Gul fetknopp | Sedum acre | 3 | 2 | 6-7 | Gul |
| Gul nunneört | Corydalis lutea | 2 | 1 | 4-5 | |
| Gulklöver | Trifolium agrarium | 1 | 1 | 7-8 | |
| Gulregn | Laburnum spp. | 1 | 1 | 6 | |
| Guliris | Solidago virgaurea | 1 | 2 | 7-10 | Brun |
| Gulstav | | 1 | 1 | | |
| Gulreseda | Reseda lutea | 2 | 2 | 7-8 | |
| Gulsporre | Linaria vulgaris | 1 | 1 | 5-9 | |
| Gulval | | 2 | 1 | | |
| Gurka | Cucumis sativus | 1 | 1 | 6-8 | |
| Gurkört | Borago officinalis | 3 | 2 | 6-9 | Grå |
| Gustafs öga | Nemophila menziesii | 2 | 1 | 7 | Blågrå |
| Gyllenack | Cheiranthus cheiri | 2 | 1 | 6 | |
| Gårdsgroblad | | 0 | 3 | | |
| -lagtom | Crataegus sp | 2 | 2 | 6 | Ljusgrön |
| -lallon | Rubus idaeus | 3 | 2 | 6-7 | Gröngul |
| -lampflockel | Eupatorium cannabinum | 2 | 2 | 7-9 | |
| -lar-ris | Cytisus scoparius | 1 | 2 | 4-6 | |
| -lassel | Corylus avellana | 0 | 2 | 3-4 | Gulgrön |
| -lavtom | Hippophae rhamnoides | 1 | 1 | 6 | |
| -lelenium | Helenium autumnale | 1 | 3 | 8-9 | |
| -ljortron | Rubus chamaemorus | 2 | 2 | 6 | |
| -ljärtstilla | Leonurus cardiaca | 2 | 1 | 7-8 | |
| *-lonungsört | Phacelia tanacetefolia | 3 | 3 | 6-9 | Blå |
| -lumleblomster | Geum rivale | 2 | 2 | 5-7 | |
| -lumleusern | Medicago lupulina | 2 | 1 | 5-9 | |
| -lundtunga | Cynoglossum officinale | 2 | 1 | 6-7 | |
| -lyacint | Hyacinthus orientalis | 3 | 2 | 4-5 | |
| -läckberberis | Berberis thunbergii | 2 | 2 | 5 | |
| -läckkaragan | Caragana arborescens | 2 | 1 | 5-6 | |
| -läckoxbär | Cotoneaster acutifolium | 2 | 1 | 4-6 | |
| -lägg | Prunus padus | 1 | 1 | 5-6 | Grönbrun |
| -lästhov | Tussilago farfara | 2 | 2 | 3-4 | Gul |
| -lästkastanj | Aesculus hippocatanum | 3 | 2 | 5-6 | Brun |
| -löskallra | Rhinanthus serotinus | 1 | 0 | 6-7 | |
| -löstaster | Aster novibelgii | 0 | 2 | 6-9 | Gul |
| -löstfibbla | Leontodon autumnalis | 2 | 2 | 6-10 | Gul |
| beris | Iberis pp | 1 | 1 | 5 | |
| degran | Taxus baccata | 0 | 1 | 4 | |
| sop | Hyssopus officinalis | 3 | 1 | 7-9 | |
| Jakobs stege | | 3 | 2 | | |
| Japansk buskrosling | | 1 | 1 | | |
| Johannesört | Hypericum spp. | 1 | 1 | 7-9 | Gul |

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|-----------------------|---|------------------------|---|---|-----|----------|
| loragubbe | | Tragana spp. | 1 | 1 | 1 | Grön |
| ludaspenningar | | Lunaria annua | 1 | 1 | 5-6 | |
| ludäkör | | Physalis alkekengi | 1 | 1 | 7-8 | |
| lulros | X | Helleborus spp. | 2 | 2 | 2-4 | |
| lungdrum i det gröna | | | 2 | 1 | | |
| lärnek | | Ilex aquifolium | 2 | 2 | 5-6 | Gulgrön |
| lätdebalsamin | | Impatiens glandulifera | 1 | 1 | 8 | Gul |
| lättestäppilja | | Eremurus | 1 | 1 | 8 | |
| labbeleka | | Caltha palustris | 2 | 2 | 5-6 | |
| kanadensiskt gullris | | Solidago canadensis | 1 | 1 | 8-9 | |
| kaplobelia | | Lobelia erinus | 1 | 1 | 7-8 | |
| karvädd | | Dipsacus fullonum | 2 | 1 | 7-8 | |
| kastanj äkta | | Castanea palustris | 3 | 2 | 5-6 | |
| kattmynta | | Nepeta cataria | 3 | 1 | 7-9 | Grönblå |
| kattost | | Malva sp | 2 | 1 | 7-8 | |
| kaukasisk förgätmigej | | Brunnera macrophylla | 2 | 1 | 5-6 | |
| kejsarkrona | | Fritillaria imperialis | 1 | 1 | 5 | |
| kirskål | X | Aegopodium podagraria | 1 | 1 | 6-7 | |
| klint | | Centaurea spp | 2 | 2 | 6-9 | Brungul |
| klöckljud | | Erica tetralix | 3 | 1 | 7-8 | Grönbrun |
| konvaljbuske | | | 1 | 1 | | |
| korander | | Coriandrum sativum | 3 | 1 | 6-7 | |
| korträ | | Phellodendron spp. | 3 | 1 | 6 | |
| kovall | | Melampyrum spp | 2 | 1 | 7-8 | |
| krage | | Chrysanthemum spp | 1 | 1 | 6-7 | |
| krikon | | Prunus insititia | 2 | 2 | 4-5 | |
| krökus | X | Crocus vernus | 1 | 2 | 3-5 | Orange |
| krusbär | X | Ribes uvacrispa | 3 | 1 | 4-5 | Grönbrun |
| kryddsalmia | | Salvia officinalis | 3 | 2 | 6-7 | |
| kryddtimjan | | Thymus vulgaris | 2 | 1 | 7-8 | |
| krypvide | | Salix repens | 3 | 2 | 4-5 | |
| kräklöver | | Potentilla palustris | 1 | 1 | 6-7 | |
| kräkvicker | | Vicia cracca | 1 | 1 | 6-8 | |
| kummin | | Carum carvi | 2 | 1 | 5-6 | |
| kungsljus | | Verbascum sp | 1 | 2 | 7-8 | Orange |
| kungsmünta | | Origanum vulgare | 3 | 1 | 7-8 | Gråbrun |
| kvitten | | Chaenomeles japonica | 2 | 1 | 5-6 | |
| kål | | Brassica oleracea | 3 | 2 | 5-9 | Brungul |
| kämpar | | Plantago spp. | 0 | 1 | 5-7 | |
| kräleksört | X | Sedum telephium | 3 | 1 | 7-9 | |
| kräringtand | | Lotus corniculatus | 2 | 2 | 6-7 | Ljusgul |
| krösbärs | | Prunus cerasus | 3 | 3 | 4-5 | Brungul |
| krösbärskornell | | Cornus mas | 2 | 1 | 4 | Gul |
| krösbärspommon | | Prunus cerasifera | 2 | 2 | 4-5 | |
| lagerhägg | | Prunus laurocerasus | 1 | 1 | 5-7 | Brungul |
| lammörön | X | Stachys byzantina | 2 | 2 | 7-8 | |
| lavendel | X | Lavandula spica | 2 | 1 | 7-8 | |
| liguster | | Ligustrum vulgare | 2 | 1 | 6-7 | Ljusgul |
| lilja | | Lilium spp | 1 | 1 | 6-7 | |
| liljekonvalje | X | Convallaria majalis | 1 | 1 | 5-6 | |
| lin | | Linum usitatissimum | 1 | 1 | 6-7 | |
| lind | | Tilia cordata | 3 | 1 | 7 | Gulbrun |
| lingon | | Vaccinium vitisidaea | 3 | 1 | 5-6 | Ljusgul |
| lingonoxbär | | | 3 | 2 | | |
| liten såpnejlika | | | 2 | 2 | | |
| ljung | X | Calluna vulgaris | 3 | 2 | 7-9 | Gröngrå |
| ljus solvända | | | 2 | 3 | | |
| lucern | | | 3 | 2 | | |
| luddvicker | | Vicia villosa | 2 | 1 | 5-7 | |
| luktviol | | Viola odorata | 1 | 1 | 4-5 | |
| lungört | | Pulmonaria officinalis | 1 | 1 | 4-5 | |
| lupin | X | Lupinus luteus | 0 | 1 | 7-8 | |
| lusern | | Medicago sativa | 2 | 1 | 7-9 | Grå |

| -akemaiva | Aithnaea officinalis | 2 | 2 | 1-9 | |
|------------------|----------------------------|---|---|------|----------|
| -äktet | | 1 | 1 | | |
| -önn | x Acer platanoides | 3 | 2 | 5 | Brun |
| Vahonia | Mahonia aquifolium | 1 | 3 | 4-5 | |
| Vajs | Zea mays | 0 | 1 | 7 | |
| Valva | Malva spp | 2 | 3 | 7 | |
| Varrisp | Limonium vulgare | 2 | 1 | 7-9 | |
| Vartorn | Erygium spp | 2 | 2 | 7-8 | |
| Vaskros | x Taraxacum officinalis | 3 | 3 | 5-6 | Orange |
| Velon | Cucumis melo | 2 | 1 | 6 | |
| Vijölkört | | 3 | 3 | | |
| Vijölon | Arctostaphylos uva-ursi | 3 | 1 | 5-6 | Ljusgul |
| Vlorot | Daucus carota | 1 | 1 | 6-8 | |
| Vlurgröna | x Hedera helix | 2 | 2 | 9-10 | Orange |
| Vlurreva | x | 2 | 1 | | |
| Vlynta | x Mentha sp | 2 | 1 | 7-9 | |
| Vylilija | Nartheicum ossifragum | 1 | 2 | 7-8 | Brun |
| Våbär | Ribes alpinum | 2 | 2 | 5-6 | |
| Vepeta | Nepeta mussini | 2 | 1 | 7-8 | |
| Vorsk blåstjärna | Scilla verna | 2 | 1 | 5-6 | |
| Vyponros | Rosa canina | 0 | 1 | 6-7 | |
| Väva | Geranium sp | 2 | 1 | 6-7 | Gråbrun |
| Väverlönn | x Acer campestre | 3 | 2 | 5 | |
| Vdon | Vaccinium uliginosum | 2 | 2 | 5-6 | |
| Vlvon | Viburnum opulus | 1 | 1 | 6-7 | |
| Vxbär | Cotoneaster | 3 | 2 | 5-6 | Grönbrun |
| Vxel | Sorbus intermedia | 1 | 1 | 6 | Grön |
| Vxtunga | Anchusa officinalis | 2 | 1 | 6-7 | |
| Valsternacka | Pastinaca sativa | 2 | 2 | 7 | |
| Varadisäpple | Malus baccata | 3 | 3 | 5 | |
| Varklind | Tilia cordataplathyphyllos | 2 | 1 | 7-8 | |
| Vestskråp | Petasites ovatus | 3 | 3 | 4-5 | Grön |
| Vilört | Polygonum spp | 2 | 1 | 6-7 | |
| Vingstlilja | Narcissus poeticus | 1 | 2 | 5-6 | |
| Vlommon | Prunus domestica | 2 | 2 | 4-5 | |
| Voppel | Populus sp | 0 | 2 | 5 | |
| Vors | Myria gale | 0 | 2 | 5 | |
| Vraktveronika | Veronica teucrium | 2 | 1 | 6-9 | |
| Vumpa | Cucurbita ssp | 2 | 1 | 7-8 | |
| Vurjolök | Allium porrum | 2 | 1 | 6-7 | |
| Värlbuske | x Exochorda racemosa | 1 | 1 | 5-6 | |
| Värlhyacint | Muscari botryoides | 2 | 2 | 3-5 | |
| Väron | Pyrus communis | 1 | 2 | 4-5 | |
| Vällarros | Chamaenerion angustif. | 3 | 3 | 7-8 | Grön |
| Vämslök | Allium ursinum | 3 | 1 | 5-6 | Brungul |
| Väps | Brassica napus | 3 | 3 | 5-6 | Gröngul |
| Veseda | Reseda odorata | 2 | 3 | 7-8 | |
| Vevsuga | Ajuga reptans | 2 | 1 | 5-7 | |
| Viddarsporre | Consolida regalis | 1 | 1 | 6-7 | |
| Vingblomma | Calendula officinalis | 1 | 1 | 7-9 | |
| Vrobinia | Robinia pseudacacia | 3 | 1 | 5-6 | |
| Vrododendron | Rhododendrun spp | 2 | 1 | 6 | |
| Vros | x Rosa spp | 0 | 2 | 6-8 | Ljusgul |
| Vrosendunört | Epilobium hirsutum | 2 | 2 | 7-9 | |
| Vrosenkvitten | | 3 | 2 | | |
| Vrosenribs | Ribes sanguineum | 2 | 2 | 4-5 | Gul |
| Vrosentry | Lonicera tartarica | 1 | 1 | 5-7 | Grågul |
| Vrudbeckia | x Rudbeckia lacinata | 1 | 2 | 8-9 | |
| Vrybs | Brassica oleifera | 3 | 3 | 6 | Gröngul |
| Vrättika | Raphanus sativus | 3 | 2 | 7 | |
| Vröda vinbär | Ribes rubrum | 2 | 2 | 5 | Gröngul |
| Vrödklöver | Trifolium pratense | 2 | 3 | 7-8 | Brun |
| Vrödkämpar | Plantago media | 0 | 3 | 5-7 | Grön |

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|-------------------|-------------------------|---|---|------|-------------|
| ↳oapister | Lamium purpureum | 2 | 1 | 4-9 | |
| Rödvide | Salix purpurea | 2 | 3 | 4-5 | |
| Röllika | Achillea millefolium | 0 | 1 | 7-10 | |
| Rönn | Sorbus aucuparia | 2 | 2 | 6 | Grön |
| Rönnsamak | | 1 | 1 | | |
| Schersmin | Philadelphus coronarius | 1 | 1 | 5-7 | |
| Serradella | Ornithopus sativus | 2 | 1 | 5-8 | |
| Sibirisk ärtbuske | Caragana arborescens | 1 | 1 | 5-6 | |
| Silverax | Cimifuga spp | 0 | 3 | 7-9 | |
| Silverbuske | Elaeagnus commutata | 1 | 1 | 5-6 | |
| Silverlön | | 3 | 3 | | |
| Sippa | Pulsatilla spp | 1 | 1 | 4-5 | |
| Skogsklematis | Clematis vitalba | 1 | 1 | 7 | |
| Skogsklöver | Trifolium medium | 2 | 3 | 7-8 | Brungulgrön |
| Skogskornell | Cornus sanguinea | 1 | 1 | 6-7 | |
| Skogslind | Tilia cordata | 2 | 1 | 7-8 | |
| Skogstry | Lonicera xylosteum | 2 | 2 | 5-6 | Gul |
| Skvattram | Ledum palustre | 1 | 1 | 6 | |
| Slån | Prunus spinosa | 2 | 3 | 5-6 | Orange |
| Smultron | α Fragaria vesca | 1 | 1 | 5-6 | Grön |
| Smörblomma | Ranunculus sp | 1 | 1 | 4-5 | |
| Snöbär | Symphoricarpus racem. | 2 | 1 | 6-9 | Ljusgul |
| Snödroppe | α Galanthus nivalis | 1 | 1 | 2-3 | |
| Snökllocka | Leucoium vernum | 1 | 1 | 4 | |
| Socketlön | Acer saccharinum | 3 | 3 | 4 | |
| Solros | Helianthus annuus | 2 | 2 | 7-9 | |
| Solvända | Helianthemum spp | 0 | 1 | 6-7 | |
| Sommargyllen | Barbarea vulgaris | 2 | 2 | 5-6 | |
| Sparris | Asparagus officinalis | 2 | 2 | 7-8 | |
| Springkorn | Impatiens noli-tangere | 1 | 1 | 8 | Gul |
| Spärgel | Spergula arvensis | 2 | 2 | 6-9 | |
| Stenros | Rosa canina | 0 | 2 | 6-7 | |
| Stjärnflocka | Astrantia major | 2 | 1 | 7 | |
| Stöckros | Althaea rosea | 2 | 1 | 7-8 | |
| Stor vårstjärna | Chionodoxa luciliae | 2 | 1 | 4 | |
| Stormhatt | Aconitum napellus | 1 | 1 | 7 | |
| Strandtrift | Armeria maritima | 1 | 1 | 5-9 | |
| Styvmsviol | Viola tricolor | 1 | 1 | 5-7 | |
| Stånds | Ligularia spp | 1 | 1 | 7 | |
| Surkörsbär | Prunus cerasus vulgaris | 3 | 3 | 4-5 | |
| Svalört | Ficaria verna | 1 | 1 | 5-7 | Gul |
| Svart prustrot | | 2 | 2 | | |
| Svarta vinbär | Ribes nigrum | 1 | 1 | 5 | |
| Svartvide | Salix myrsinifolia | 2 | 2 | 5-6 | |
| Svärdslilja | Iris pseudacorus | 1 | 1 | 6-7 | |
| Syra | Rumex sp | 0 | 1 | 7-8 | |
| Syren | α Syringa spp | 1 | 0 | 5 | |
| Såpnejlika | Saponaria officinalis | 2 | 2 | 6-7 | |
| Sälg | Salix caprea | 3 | 2 | 4-5 | Gul |
| Sötkörsbär | Prunus avium | 2 | 2 | 4-5 | Brungul |
| Sötväppling | Melilotus sp | 3 | 2 | 7-9 | Brungul |
| Tall | Pinus silvestris | 0 | 1 | 5 | Ljusgul |
| Tibast | Daphne mezereum | 2 | 2 | 3-4 | Grå |
| Tistel | Carduus spp | 3 | 2 | 6-9 | Gröngul |
| Tjärblomster | Lychnis viscaria | 2 | 1 | 6-7 | |
| Tok | Potentilla fruticosa | 2 | 2 | 6-9 | |
| Torta | Cicerbita alpina | 2 | 2 | 7-9 | |
| Tranbär | Oxycoccus quadripetalus | 1 | 1 | 5-6 | |
| Trav | Arabis sp | 2 | 1 | 5-8 | |
| Trift | Armeria maritima | 2 | 1 | 5-7 | |
| Trädgårdsmartom | Eryngium hybridum | 2 | 2 | 7-9 | |
| Tulpan | α Tulipa sylvestris | 1 | 2 | 5-6 | |
| Tusensköna | Bellis perennis | 1 | 1 | 3-11 | |

| Urvull | Enopnorum vaginatum | 0 | 1 | 3-4 | |
|--------------|---------------------------|---|---|------|-------------|
| Tysklönn | Acer pseudoplatanus | 3 | 2 | 5-6 | Grönbrun |
| Törel | Euphorbia spp | 3 | 1 | 6-9 | |
| Jiltistel | Onopordon acanthium | 2 | 2 | 7-8 | |
| Vallmo | X Papaver sp | 1 | 2 | 6-9 | Svarblå |
| Vallört | Symphytum officinale | 3 | 1 | 6-8 | Grönbrungul |
| Vejde | Isatis tinctoria | 2 | 1 | 6-7 | |
| Vicker | Vicia spp | 2 | 1 | 5-9 | |
| Vide | | 3 | 3 | | |
| Vildapel | Malus sylvestris | 3 | 3 | 5 | |
| Vildvin | Parthenocissus sp | 1 | 2 | 7-8 | |
| Vintergäck | X Eranthis hyemalis | 1 | 2 | 3 | |
| Viol | Viola spp | 1 | 1 | 5-7 | |
| Vit näckros | Nymphaea alba | 1 | 1 | 7-8 | |
| Vitklöver | Trifolium repens | 3 | 3 | 6-8 | Ljusbrun |
| Vitpil | Salix alba | 2 | 2 | 5 | |
| Vitplister | Laminum album | 2 | 1 | 5-9 | |
| Vitsenap | Sinapis alba | 3 | 3 | 4-10 | |
| Vitsippa | X Anemone nemorosa | 0 | 2 | 4-5 | Gröngul |
| Vitskråp | Petasites albus | 3 | 2 | 5 | |
| Viva | Primula spp | 0 | 1 | 4-5 | |
| Vresros | Rosa rugosa | 0 | 2 | 6-7 | |
| Vårginst | Cytisus praecox | 1 | 1 | 5 | Brunorange |
| Vårjung | Erica carnea | 2 | 1 | 4 | |
| Vårök | Gagea lutea | 1 | 1 | 4-5 | |
| Väddklint | | 2 | 2 | | |
| Vägvårda | Cichorium intybus | 2 | 1 | 7-8 | |
| Väppling | Melilotus spp | 3 | 2 | 7-9 | Gulbrun |
| Äkerböna | | 1 | 1 | | |
| Äkeryllén | | 3 | 2 | | |
| Äkerkål | Brassica campestris | 2 | 2 | 5-8 | Gul |
| Äkerrättika | Raphanus raphanistrum | 2 | 2 | 6-7 | |
| Äkersenap | Sinapsis arvensis | 2 | 2 | 5-9 | Brunröd |
| Äkervinda | Convolvulus arvensis | 1 | 1 | 6-9 | |
| Äkervädd | Knautia arvensis | 2 | 1 | 6-7 | Brunröd |
| Äkta kastanj | Castanea sativa | 3 | 2 | 7-8 | |
| Älggräs | Filipendula ulmaria | 0 | 1 | 7 | Gul |
| Ängsbräsma | Cardamine pratensis | 1 | 2 | 5 | |
| Ängssalvia | X Salvia pratensis | 3 | 1 | 6-7 | |
| Ängsvädd | Succisa pratensis | 1 | 1 | 7-9 | |
| Äpple | X Malus sylvestris subsp. | 2 | 3 | 5-6 | Gröngul |
| Ärenpris | Veronica spicata | 1 | 1 | 6-7 | |
| Ärt | Pisum sativum | 2 | 2 | 6-7 | Ljusgul |
| Ärttörne | Ulex europaeus | 2 | 2 | 4 | |
| Ögontröst | Euphrasia sp | 1 | 1 | 6-9 | |
| Öandstok | X Potentilla fruticosa | 0 | 2 | 6-9 | |